

Cauliflower



Method:

Sow direct or raise seedlings

When:

Summer and autumn

Hardiness / Life Cycle:

Hardy Biennial (usually grown as an Annual)

Germination:

7-14 days at 10-30°C

Cauliflower is one of several vegetables in the species *Brassica oleracea* in the genus *Brassica*, which is in the Brassicaceae family. It is an annual plant that reproduces by seed.

- Can come in four different colours
- Difficult to grow
- Edible stems and leaves

Cauliflower heads resemble those in broccoli, which differs in having flower buds as the edible portion. When cauliflower is mature, heads appear as clear white, compact, and 15–20 cm (6–8 in) in diameter, and should be cooled shortly after harvest. It can be used as a rice replacement.

Sowing Depth:

5 mm



Plant Spacing:

50 cm



Row Spacing:

75 cm



Position:

Full sun, moist soil

**Days to Maturity/
Flowering:**

70-190 days

